

Connecticut Amputee Support Groups

Meeting Day	Time	Address	Group Leaders	Email Address	Phone
2 nd Wednesday every month	1pm to 2pm	Mount Sinai Hospital 490 Blue Hills Ave Hartford , CT 06112	Paige McCullough-Casciano	pmccullo@TrinityHealthOfNE.org	860-714-2421
1 st Thursday every month	5pm to 6pm	Gaylord Specialty Hospital 50 Gaylord Farms Rd Wallingford , CT 06492	Lori Vickers Kim Eisen Burt Fleischer	lvickers@gaylord.org Keisen@gaylord.org Bfleischer@gaylord.org	203-284-2875
3 rd Wednesday every month	3pm to 4pm	Waterbury Hospital 64 Robbins St, 4 th FL Waterbury , CT	Shauna Savoy	shaunarose1974@gmail.com	203-573-6041
2 nd Tuesday every month	5pm to 6pm	Milford Hospital 300 Seaside Ave Milford , CT 06460	Deirdre Coyne Nancy Hayden Amy Mooney	deirdre.coyne@ynhh.org nancy.hayden@ynhh.org amy.mooney@ynhh.org	203-301-6262
3 rd Tuesday every month	6:45pm to 7:45pm	Tully Health Center 32 Strawberry Hill Court Stamford , CT 06902	Alicia Bingham	Rungbyrung07@yahoo.com	203-918-2348
Last Wednesday every month	3pm to 4pm	Lawrence+Memorial Hospital 365 Montauk Ave New London , CT 06320	David Deshefy	DDeshefy@lmhosp.org	860-442-0711
Last Thursday every month	7pm to 8pm	Amputee Summit Rock Climb Fairfield (RCF) 85 Mill Plain Road, Bldg T Fairfield , CT 06824	James Przybylski	adaptive@rockclimbfairfield.com jprzybylski11@gmail.com	203-430-9806
2 nd Thursday every month	5pm to 6pm	Hospital for Special Care 2150 Corbin Ave New Britain , CT 06053	Carolyn Brown	CBrown@hfsc.org	860-832-6258
1 st Wednesday every month	1pm to 2pm	Northbridge Health Care Center 2875 Main St, Conf Rm Bridgeport CT 06606	Lauren Krieger	Therapy@northbridgehcc.com	203-336-0232 Ext 150
1 st Thursday every other month (even months)	3:30pm to 4:30pm	Backus Outpatient Care 111 Salem Turnpike Norwich CT 06360	Jeff Buckridge	NorwichAmputeeNetwork@gmail.com	860-425-5981
2 nd Tuesday every month	5pm to 6pm	Bridgeport Hospital- Milford Campus 300 Seaside Ave Milford CT 06460	Deirdre Coyne Rebecca Gill	Deirdre.coyne@ynhh.org Rebecca.gill@ynhh.org	203-301-6262
3 rd Thursday every month	5:30pm to 6:30pm	Pro Med Prosthetics and Orthotics (online only) Windsor CT 06095	Angela Ploszaj	promedpo@gmail.com	860-298-9900

Connecticut Amputee Network

Connecticut Amputee Network advocates for the Connecticut limb loss and limb change community by taking action in three areas: legislative advocacy, education, and organizational networking.

Herb Kolodny and Brenda Novak, co-founders

Amputee Coalition Certified Peer Visitors, Peer Visitor Trainers, and Lead Advocates

Contact Herb: (203) 530-7986 (mobile), herb@ctamputeenetwork.org

Contact Brenda: (480) 353-9337 (mobile), brenda@ctamputeenetwork.org

State agencies and services:

Department of Motor Vehicles - www.ct.dmv.gov

Bureau of Rehab Services - 1-800-537-2549 or <http://www.ct.gov/brs/site/default.asp>

Hardship resources for amputees who wish to return to work

Programs for the disabled to return to work

Driver training program for persons with disabilities

Advanced Wheels - 1-877-943-3573 or <http://www.advancedwheels.com>

Vehicle modifications for disabled drivers, left sided gas pedals, hand controls

Gaylord Sports Association – (203)-284-2772 or <https://www.Gaylord.org/sports>

Adaptive sports and recreation programs for persons with disabilities

Connecticut Amputee Network <http://ctamputeenetwork.org> Advocates for Connecticut's limb loss/limb difference community; Facebook: www.facebook.com/CTAmputeenetwork/

National agencies and services:

- **Amputee Coalition:** A nonprofit national organization dedicated to enhancing the quality of life for amputees and their families, improving patient care and preventing limb loss.
<https://www.amputee-coalition.org>
- **AMPOWER:** An online resource for those affected by limb loss. Members are a diverse group of people who have first-hand experience with limb loss and are adjusting to life.
www.empoweringamputees.org

Other helpful resources for new amputees:

- Limb Loss Definitions: http://www.amputee-coalition.org/fact_sheets/definitions.html
- Electing To Amputate: http://www.oandp.com/articles/2011-08_03.asp
- What to expect the first 12 months: <https://www.amputee-coalition.org/resources/first-12months-lower/>
- Every "Body's" Different, InMotion Magazine: <https://3w568y1pmc7umeynn2o6c1mywppengine.netdna-ssl.com/wp-content/uploads/2016/03/inmotion-23-01-web.pdf>
- Pain Management for Lower Limb Amputees: <http://www.oandp.org/publications/jop/2005/2005-39.asp>
- Phantom Pain: <http://www.nlm.nih.gov/medlineplus/ency/patientinstructions/000050.htm>
- Skin Care: <https://www.amputee-coalition.org/resources/tips-for-taking-care/>

- Amputee OT: <https://www.youtube.com/user/AmputeeOT>
- Stump Care: All natural system for residual limb health <http://www.stumpcare.com>
- DRY Pro: Waterproof covers for your prosthesis for beach or showers <https://www.drycorp.com>
- Empower Supply: Orthopedic and Prosthetic accessories, Prosthetic supplies, socks, cleaners, liners, etc. Providing supplies directly to amputees <https://www.empowersupply.com>
- Used Wheelchairs, walkers and other types of durable medical equipment (DMEs)
Charlie's Closet, 310 State St, Guilford, CT 203-453-8359
NEAT Marketplace, 33 Holcomb St, Hartford, CT 860-243-2869
Services for the Elderly, 321 New Britain Ave, Unionville, CT 860-673-1441