

Amputee Resources in Connecticut

Support Groups

Meeting Day	Time	Address	Group Leaders	Email Address	Phone
First Wednesday every month	1pm to 2pm	Northbridge Health Care Center 2875 Main St, Conf Rm Bridgeport, CT 06606	Lauren Krieger	therapy@northbridgehcc.com	203-336-0232 Ext 150
First Thursday every month	5pm to 6pm	Gaylord Specialty Hospital Luscomb Therapy Gym (inpatient area) 50 Gaylord Farms Rd Wallingford, CT 06492	Lori Vickers Kim Eisen Abby Hull Burt Fleischer	Lvickers@gaylord.org Keisen@gaylord.org Ahull@Gaylord.org Bfleischer@gaylord.org	203.284.2875
First Thursday every other month (even months)	3:30pm to 4:30pm	Backus Outpatient Care 111 Salem Turnpike Norwich, CT 06360	Jeff Buckridge	NorwichAmputeeNetwork@gmail.com	860.425.5981
Second Tuesday every month	5pm to 6pm	Bridgeport Hospital-Milford Campus 300 Seaside Ave Milford, CT 06460	Deirdre Coyne Nancy Hayden Rebecca Gill Amy Mooney	deirdre.coyne@ynhh.org nancy.hayden@ynhh.org rebecca.gill@ynhh.org amy.mooney@ynhh.org	203.301.6262
Second Wednesday every month	1pm to 2pm	Mount Sinai Hospital 490 Blue Hills Ave Hartford, CT 06112	Paige McCulloughCasciano	pmccullo@TrinityHealthOfNE.org	860.714.2421
Second Thursday every month	5pm to 6pm	Hospital for Special Care 2150 Corbin Ave Lower level Conference room New Britain, CT 06053	Carolyn Brown	CBrown@hfsc.org	860.832.6258 Ext 5715
Third Tuesday every month	6:45pm to 7:45pm	Tully Health Center 32 Strawberry Hill Ct. Stamford, CT 06902	Alicia Bingham	Rungbyrung07@yahoo.com	203.918.2348
Third Wednesday every month	3pm to 4pm	Waterbury Hospital Bizzozero Conference Room 4th floor 64 Robbins Street, Waterbury, CT 06708	Shauna Savoy	shaunarose1974@gmail.com	203.573.6041
Third Thursday every month	5:30pm to 6:30pm	Pro Med Prosthetics and Orthotics 340 Broad St, Ste 320 Windsor, CT 06095	Angela Ploszaj	promedpo@gmail.com	860-298-9900
Last Wednesday every month	3:00pm to 4pm	Lawrence+Memorial Hospital 365 Montauk Avenue New London, CT 06320	David Deshefy	DDeshefy@lmhosp.org	860.442.0711

National Agencies and Services

- Amputee Coalition: A nonprofit national organization dedicated to enhancing the quality of life for amputees and their families, improving patient care and preventing limb loss. <https://www.amputee-coalition.org>
- AMPOWER: The On-Line resource for those affected by limb loss. A diverse group of people who have first-hand experience with limb loss and are adjusting to life. www.empoweringamputees.org

Amputee Resources in Connecticut

State Agencies and Services:

Department of Motor Vehicles - <https://portal.ct.gov/DMV> Disability Driver Training Program - <https://portal.ct.gov/AgingandDisability/ContentPages/Programs/Driver-Training-Program>

Bureau of Rehab Services - 1-800-537-2549 or <http://www.ct.gov/brs/site/default.asp>

Hardship resources for amputees who wish to return to work

Programs for the disabled to return to work

Driver training program for persons with disabilities

Advanced Wheels - 1-877-943-3573 or <http://www.advancedwheels.com>

Vehicle modifications for disabled drivers, left sided gas pedals, hand controls

Gaylord Sports Association – (203)-284-2772 or <https://www.Gaylord.org/sports>

Adaptive sports and recreation programs for persons with disabilities

Connecticut Amputee Network <http://ctamputeenetwork.org> Advocates for Connecticut's limb difference community; Facebook: www.facebook.com/CTamputeenetwork/

Other Helpful Resources for New Amputees:

- **Limb Loss Definitions:** http://www.amputee-coalition.org/fact_sheets/definitions.html
- **Electing to Amputate:** http://www.oandp.com/articles/2011-08_03.asp
- **What to expect the first 12 months:** <https://www.amputee-coalition.org/resources/first-12months-lower/>
- **Every "Body's" Different** - Article, InMotion Magazine: <https://3w568y1pmc7umeynn2o6c1mywpengine.netdna-ssl.com/wp-content/uploads/2016/03/inmotion-23-01-web.pdf>
- **Pain Management** for Lower Limb Amputees: <https://www.amputee-coalition.org/limb-lossresource-center/resources-for-pain-management/management-of-residual-limb-pain/>
- **Phantom Pain:** <http://www.nlm.nih.gov/medlineplus/ency/patientinstructions/000050.htm>
- **Skin Care:** <https://www.amputee-coalition.org/resources/tips-for-taking-care/>
- **Amputee OT:** <https://www.youtube.com/user/AmputeeOT>
- **Stump Care:** All-natural system for residual limb health <http://www.stumpcare.com>
- **DRY Pro:** Waterproof covers for your prosthesis for beach or showers <https://www.drycorp.com>
- **Empower Supply:** Orthopedic and Prosthetic accessories, Prosthetic supplies, socks, cleaners, liners, etc. Providing supplies directly to amputees <https://www.empowersupply.com>
- **Used Wheelchairs,** walkers and other types of durable medical equipment (DMEs)

- o Charlie's Closet, 310 State St, Guilford, CT 203-453-8359 <http://givct.org/charlies-closet>
 - o NEAT Marketplace, 33 Holcomb St, Hartford, CT 860-243-2869
<https://assistivetechology.oakhillct.org/>
 - o Services for the Elderly, 321 New Britain Ave, Unionville, CT 860-673-1441
<http://www.farmingtonseniors.org>
- **Cane and Crutch Accessories:** <https://www.sidestix.com/>
 - **Call 2-1-1** - A vital service that connects millions of people to help every year. It is staffed by live, highly trained service professionals. All calls confidential. Included among the information they can provide: COVID-19 pandemic, crisis and emergency, disaster assistance, essential needs (food and shelter), union members, new emigrants, 2020 census, and more.
 - **9-Town Transit Dial-a-Ride:** <https://estuarytransit.org/> (860) 510-0429
Public transit serving rural Connecticut towns in the Valley-Shore Region. Senior and disabled fare discounts and door-to-door transportation. Uses Ecolane smartphone app. Reservations can be made online or by phone.
 - **Greater New Haven Transit District:** <http://www.gnhtd.org/membership> (203) 288-6282
Membership application required for My Ride (door-to-door service), available for seniors and disabled.
 - **Other CT transit agencies:** <http://www.gnhtd.org/partners>
 - **Agency on Aging (CT):** <https://www.aoascc.org/> (203) 785-8533
 - **"A Senior's Guide to Medical Transportation in Greater New Haven"**
(PDF): https://www.aoascc.org/Customer-Content/www/CMS/files/info_library/Medical-Transportation-Guide-sc-CT.pdf