Amputee Resources in Waterbury Area

Prosthetic and Orthotic Companies and their closest office (Listed in alphabetical order)

Biometrics of CT, www.biometricsct.com

481 Wolcott Street, Waterbury, CT 06705 (203) 755-6670

Hanger Clinic, www.HangerClinic.com

497 Watertown Ave Suite 3, Waterbury, CT 06708 (203) 755-8840

New England Orthotic and Prosthetics Systems, www.neops.com

1579 Straits Tpke, Suite 2C, Middlebury, CT 06762 (203)598-0212

Meeting Day & Time	Address	Group Leaders
1st Wednesday, every month 1pm to 2pm	Northbridge Health Care Center 2875 Main St, Conf Rm Bridgeport CT 06606	Lauren Krieger, PT therapy@northbridgehcc.com (203)336-0232 ext 150
2nd Tuesday every month 5pm to 6pm	Milford Hospital (YNHH) 300 Seaside Ave Milford CT 06460	Deirdre Coyne, PT deirdre.coyne@ynhh.org Rebecca Gill, PT rebecca.gill@ynhh.org (203)301-6262
1st Thursday every month 5pm to 6pm	Gaylord Rehab Hospital Luscomb Gym (inpatient) 50 Gaylord Farms Rd Wallingford CT 06492	Lori Vickers, PT lvickers@gaylord.org Kim Eisen, PT Keisen@gaylord.org Burt Fleischer Bfleischer@gaylord.org (203)284-2800
3rd Wednesday every month 3pm to 4pm	Waterbury Hospital Bizzozero Conference Rm 64 Robbins St, 4th floor Waterbury CT 06708	Shauna Savoy shaunarose1974@gmail.com (203)573-6041
2nd Wednesday every month 1pm to 2pm	Mount Sinai Hospital 490 Blue Hills Ave Hartford CT 06112	Paige McCullough-Casciano pmccullo@TrinityHealthOfNE.org (860)714-2421
Last Wednesday every month 3pm to 4pm	Lawrence + Memorial Hospital 365 Montauk Ave New London CT 06320	David Deshefy, PT DDeshefy@Imhosp.org (860)442-0711
1st Thursday every even- numbered month (Feb, Apr, Jun, Aug, Oct, Dec) 3:30pm to 4:30pm	Backus Outpatient Care Conference Room 1 111 Salem Turnpike Norwich CT 06360	Jeff Buckridge, PT NorwichAmputeeNetwork@gmail.com (860)425-5981
3rd Tuesday every month 6:45pm to 7:45pm	Tully Health Center 32 Strawberry Hill Court Stamford CT 06902	Alicia Bingham rungbyrung07@yahoo.com 203-918-2348
2nd Thursday every month	Hospital for Special Care Lower Level Conference Room 2150 Corbin Ave New Britain CT 06053	Carolyn Brown, PT CBrown@hfsc.org 860-832-6258

Support Groups in Connecticut

CT State Agencies and Nonprofit Organizations

Department of Motor Vehicles: www.ct.dmv.gov

Department of Rehab Services: (800)537-2549 or www.ct.gov/brs

- Adaptive resources for amputees who wish to return to work
- Training programs to help people with disabilities to return to work
- Driver training program for people with disabilities

Advanced Wheels: (877)943-3573 or www.advancedwheels.com

• Vehicle modifications for disabled drivers (e.g., left sided gas pedals, hand controls, etc.)

Gaylord Sports Association: (203)284-2772 or www.Gaylord.org/sports

• Adaptive sports and recreation programs for people with disabilities

Connecticut Amputee Network: www.ctamputeenetwork.org

- Advocates for Connecticut's limb loss and limb difference community
- Facebook: www.facebook.com/CTamputeenetwork/
- Request a peer visit via phone or online form

National Agencies and Services

Amputee Coalition: www.amputee-coalition.org

• A nonprofit national organization dedicated to enhancing the quality of life for amputees and their families, improving patient care and preventing limb loss.

Limb Loss Resource Center: www.amputee-coalition.org/limb-loss-resource-center, (888)267-5669

- Comprehensive resources and information about limb loss (online information, publications and videos)
- Request and schedule a peer visit via phone or online form

AMPOWER: www.amputee-coalition.org

• An online resource for those affected by limb loss. A diverse group of people who have first-hand experience with limb loss and are adjusting to life. **www.empoweringamputees.org**

Other Helpful Resources for New Amputees

- Limb Loss Definitions: www.amputee-coalition.org/fact_sheets/definitions.html
- Electing To Amputate: www.oandp.com/articles/2011-08_03.asp
- What to Expect the First 12 months: www.amputee-coalition.org/limb-loss-resource-center/resources-filtered
- "Living Free: There are many pathways in the journey to be free": InMotion Magazine, Sep/Oct 2019, www.amputee-coalition.org/resources/inmotion-living-free/
- Pain Management for Lower Limb Amputees: www.oandp.org/publications/jop/2005/2005-39.asp
- Phantom Pain: www.nlm.nih.gov/medlineplus/ency/patientinstructions/000050.htm
- Skin Care Tips: www.amputee-coalition.org/resources/tips-for-taking-care/
- Amputee OT: Christina Stephens, amputee and practicing OT, creates online videos addressing many challenges faced by amputees, www.youtube.com/user/AmputeeOT
- Stump Care: all-natural products for residual limb health, www.stumpcare.com
- DRY Pro: waterproof prosthesis covers for beach or showers, www.drycorp.com
- Empower Supply: orthopedic and prosthetic accessories, www.empowersupply.com
- Amputee Store: prosthetic supplies (socks, cleaners, liners, etc.), www.amputeestore.com
- Amputee Supply: prosthetic supplies (socks, cleaners, liners, etc.), www.empowersupply.com
- Used Durable Medical Equipment (wheelchairs, walkers, etc.): Charlie's Closet: (203)453-8359, 310 State St, Guilford, CT NEAT Marketplace: (860)243-2869, 33 Holcomb St, Hartford, CT Services for the Elderly: (860)673-1441, 321 New Britain Ave, Unionville, CT